



2018-2019 Cedar & Sound Service Unit Caring and Sharing Patch

The Caring and Sharing Award is a patch program which recognizes community service activities that benefit animals, the environment, and the community. The projects listed below are suggestions. Create your own projects to match your troop's needs.

ALL scouts should complete 1 kindness activity:

<input type="checkbox"/> Sing to/visit with elderly neighbors or a senior group	<input type="checkbox"/> Do a Random Act of Kindness
<input type="checkbox"/> Give someone special flowers or a drawing	<input type="checkbox"/> Write kindness notes, leave for loved ones to find
<input type="checkbox"/> Follow & share about the Girl Scout Law with a non-scout	<input type="checkbox"/> Write kindness notes and leave them for strangers to find (i.e. in a library book)
<input type="checkbox"/> Make and hide a kindness rock	<input type="checkbox"/> Clean up around your troop meeting space

- Daisies** – complete 1 from any category below, plus 1 kindness from list above (2 total)
- Brownies and Juniors** – complete 2 activities from any category below, plus 1 kindness from list above (3 total)
- Cadettes, Seniors, and Ambassadors** – complete one activity from each category plus 1 kindness from list above (4 total)

Donate

Donate clothes		Donate food to a food bank
Donate shoes		Stock a free little pantry
Donate toys		Stock a free little library



A Project

Clean up a park	Help homeless: serve a meal
Pick up litter at the bust stop	Make a mural
Pick up trash	Make and give car emergency bags
Do a beach clean-up with your troop or family	Clean up a trail

Public

Raise awareness about a disease	Publicize the harm of poaching
Publicize the harm from pollution	Make & post Posters not to pollute

Please fill out this intent form and return it along with a check payable to Service Unit 245 to Vonita Francisco. Orders will be taken up through the February 4th, 2019 Volunteer Meeting. Patches will be delivered to you at the April 15th Volunteer Meeting. Questions: VonitaF@gmail.com

Troop #: _____ Contact Name _____

Email _____ Phone # _____

of patches _____ x \$2.00 = amount due _____, paid on _____ (date)

Check payable to SERVICE UNIT 245