



Hiking 101 Workshop

www.gsyayahiker.com



Who Can Take Hiking 101

- Any Girl Scout in 6-12th Grade
 - *(Then scouts are qualified to join the YAYA Hikers on day hikes)
- Any adult: all leaders and parents too
 - *(Leaders of all program levels may take the workshop to learn more outdoor skills & tips for their troop outings)
- Day Hiking 101 workshops are open to **individual** scouts and/or whole troops.

Day Hiking 101 covers the basic 'what's of day hiking

- **What to Wear**
 - Clothing & Footwear
- **What to Bring**
 - The Ten Essentials and other stuff that is helpful
- **What to Eat**.....other than chocolate and gummy bears



Who are the **YAYA Hikers**.
 YAYA=Young Addults Yearning for Adventure
 *We are an activity group, in addition to troop stuff, and offer monthly hike outings for Girl Scouts in 6-12th grade.
 *Girls can come on their own; this is not a whole troop activity.
 * Trained chaperones and transportation is provided too.
To get started: Take Hiking 101 ...

Day Hiking 101: When & Where

Friday, March 28, 2014
 5:45 to 8 PM
 838 Caspers Street: Edmonds
 At: Edmonds United Methodist Church, Aldersgate Room
 Register w/Ellen, Cost: \$5 pp

Taught by GS volunteer, Ellen Govan, of SU 245.

Sign Up by email for: Govanssea@aol.com (Be sure and put *GS Hiker* in subject line)
 Please provide the following to register:
 Name _____ Scout age/grade ____ Adult-GS Role _____
 Phone _____ SU# ____ Troop # ____ Town live in _____